

# The Spirit of Eucharistic Faith <sup>1</sup>

St. Peter Julian Eymard to the Servants of the Blessed Sacrament  
Without date

St. Paul said: *The just lives by faith.* (Rm 1:17). **The spirit of faith inspires all his actions...** [...] To have the spirit of Eucharistic faith means to find joy in the service of the God of the Eucharist, to search for any occasion that gives honor and glory to Jesus Eucharistic. **To live the Eucharistic spirit means, then, to make the Holy Eucharist the loving thought of our mind, the royal love of our heart, and the supreme good of our will.**

**1° The Eucharist, the loving thought of our mind.** – This means to allow this loving thought to become natural to us, so that it comes to us effortlessly, simply. Briefly, it becomes habitual and universal, drawing the idea of Eucharist out of everything, making it like the spiritual bouquet of one's soul. One can easily reach the point of having this habitual thought of the Holy Eucharist, on condition that we make it the center of our life for a week or two, doubling our acts of desire. How happy and free is the soul that thinks in union with Jesus Eucharistic! Such a one becomes a perpetual adorer, always in the rays of this sun of love, with a mind that lives in Jesus Eucharistic.

**2° The Eucharist, the royal love of our heart.** – *Where your treasure is, there also will your heart be* (cf. Mt 6:21); that is, all its joys, its desires, and its happiness. The movement of the heart is ever active, like the flame in a well-nourished hearth. The Eucharistic movement of the heart follows its desires, its heartbeat. Jesus Eucharistic becomes not only its joy, but the ardent and powerful passion of its desires, searching for it like Magdelene (cf. Jn 20:13-15) and like the spouse in the Song of Songs (cf. Sgs 3:1-4), sobbing at the separation from the one it loves, longing for him... He seems to be everywhere and she keeps asking everyone about him... And when she finds him, her heart melts at the sound of his voice... She faints with love, and comes alive only to search for him even more eagerly.

**3° The Eucharist, the supreme good of our will.** – All the good things of this world, all its pleasures and relationships have little value for a soul that has a Eucharistic spirit of faith. [...] If she welcomes and speaks with others, it must be for the service or love of the Holy Eucharist. Otherwise, she is like [...] a stranger and ill at ease. This is because her only treasure is the Eucharist; her unique pleasure is the Eucharist. It is her element, her grace, and her life. [...]



## **Points for reflection:**

1. “*Make our entire life a Eucharist.*” This phrase from our Rule of Life expresses some of the teaching found in this fragmented conference, and opens horizons to other aspects of the Eucharist. Can you name a few?

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<sup>1</sup> Number 20. *Esprit de foi eucharistique.*

2. Here St. Peter Julian insists on the total gift of our person awakened by a deep faith. What transformations does our Eucharistic faith bring to our daily life?